



EXTRA-CURRICULAR ACTIVITIES 2024 - 2025

Extra Curricular Activities

Vision

Excellence beyond the classroom

Mission Statement

At The English School, we place great value on the role of extra-curricular activities in developing well-rounded, creative and citizen-conscious individuals. These activities foster and enhance transferable skills that help shape character, promote interaction and develop leadership qualities. We strive to support a wide range of opportunities, which are often led by and even initiated by students themselves, aided and facilitated by our dedicated staff.

How to use this booklet

Read the information about each group of activities

Read the descriptions of each ECA

Note the days and times of your chosen activity

Sign up during Activities Week in September 2024

Contact the ECA Committee for any further information

ECA@englishschool.ac.cy

How do I sign up for Activities?

Activities Week 2024:

Monday 9th September – Wednesday 18th September

Activities Fair 2024:

Wednesday 11th September, 12:00 – 2:00pm

Registrations open (on-line):

Wednesday 11th September 2024

Registrations close:

Wednesday 18th September 2024

Trials and auditions

Monday 23rd – Friday 27th September –

Activities start:

Monday 30th September 2024

**Link to registration
form will be sent
in September**

Creativity, Activity, Service



We believe that students should be actively engaged in ECA which embody any or all of the following:

Creativity – includes the arts, and other experiences that involve creative thinking.

Activity – physical exertion contributing to a healthy lifestyle, complementing academic work.

Service – unpaid and voluntary exchange that has a learning benefit for the student.

In order to demonstrate these concepts, students are challenged to:

- show initiative
- demonstrate perseverance
- develop skills such as collaboration, problem solving and decision making.

Why ECA?

Students who are systematically and consistently involved in ECA can benefit in many ways:

1. Improved Academic Performance
2. Social Opportunities
3. Higher self-esteem
4. Learn Time Management
6. Learn essential life skills
7. Enhances the sense of commitment
8. Introduction to new views
9. Personal growth and development



Learning Skills

- ▼ Critical thinking
- ▼ Creative thinking
- ▼ Collaborating
- ▼ Communicating



Literacy Skills

- ▼ Information literacy
- ▼ Media literacy
- ▼ Technology literacy



Life Skills

- ▼ Flexibility
- ▼ Initiative
- ▼ Social skills
- ▼ Productivity
- ▼ Leadership



School Policy on ECA

Find the complete policy on our website:

<https://www.englishschool.ac.cy/eca-introduction>

Students are strongly encouraged and even expected to participate in at least one after-school activity.

The School will ensure equal opportunities for all students, and in those activities requiring selection will ensure a fair and unbiased process.

Student commitment to the extra-curricular programme will be evaluated and the positive outcomes will be recognised and rewarded.

ECA Champions

ECA are divided into groups as shown below.

Each ECA Champion has oversight of a group of activities.

Contact the ECA Champions: eca@englishschool.ac.cy

Sports and Recreation

Yiannos Papaioannou

All Sporting Teams
Recreational
Sports
Afternoon Games

Creative & Performing Arts

Monica Theodotou

Choir
Band / String
Orchestra
Rock / Jazz groups
Guitar ensemble
Music Composition
Club
Talent Night
Drama
Dance

European Programmes

Virginia Rengel

EYP
EPAS
Erasmus+
Model United Nations

Maths Enrichment & Support

Chrysovalanti

Christoforidou

Maths Relay
Euromaths
Maths Olympiads
Maths Support

Community, Service Action

Ioanna Nicolaou

Chain of Change
Charity
The CAS Project
ECO Schools

Science & Discovery

Katie Demetriou

Astronomy Club
Radio Club
The English School
Biological Society
Medicine Club
Science
Competitions

Languages and Debate

Katerina Ralli

Senior Debate
Society
Greek Debate
Creative Writing
Dynamic Speakers

STEM

Nicoletta Stavrides

F1 in Schools
Robotics
Cybersecurity
FTC
D&T club

DofE, Business & External Programmes

Alexis Sofianos

Duke of Edinburgh Award
St John's Ambulance First Aid
Junior Achievement
Economics Society

Creative and Performing Arts (CPA) ECA include all the elements which can be found in an opera or musical – all the things which combine together to produce one magnificent total work of art. It can include: Singing, playing an instrument, fine art, sculpture, drama, theatre and stagecraft, dance, photography, film, animation, digital art, costumes and fashion design.

This is the ultimate group of creative ECA. In addition to this, many of our events and performances are outreach in the community or for charity, so there is a strong service element involved too.

CPA ECA are open to all students in all year groups. Because of the nature of the groups, they are often formed from mixed year groups according to experience level. For this reason, many activities take place on a Wednesday afternoon when students from all year groups are free to attend.

Music



Music Composition Club

The club welcomes budding composers and songwriters from all year groups and provides support for exam composition coursework. Students explore the fundamentals of composition techniques and digital music production while allowing for creative expression.

Talent Night

Dancing, singing, playing in a band, acting - Talent Night is one of the most popular events of the school year. The feeling of performing alongside your friends in a professional theatre to a big audience is priceless. You also learn team-work, discipline and commitment, alongside developing performing skills. Open to all students via auditions

Choir

The Junior Choir is open to all students in years 1 – 4.

Come join the choir and experience the joy of group singing in a large enthusiastic group! We work on good singing through a variety of musical styles. Extra care is taken of the boys' changing voices at this crucial stage in their development. This is a fun, high energy group with lots of public appearances throughout the year.

Senior / Community Choir

Senior Choir is an auditioned SATB group made up of students, parents, teachers and friends. We have performed in festivals and concerts at school, in Cyprus and internationally.

String Orchestra

The string orchestra achieves a good standard of playing since many students play string instruments from a young age. This is an auditioned group open to students from all year groups. Students receiving a school scholarship are required to attend.

Junior / Senior Band

Wind and Brass players join in rousing contemporary band music. Students receiving a school scholarship are required to attend.

Jazz / Rock Band

A lively and friendly ensemble for beginner to intermediate guitar, bass, drums, wind and brass players. Join to develop your band skills, perform at school events and audition for festivals. The Junior Band performs regularly both at school and in the wider community.

Marching Band

Percussionists, drummers, wind and brass players get marching! Our aim is to participate alongside the school parade team. Open to all students via auditions.

Guitar Ensemble

Classical guitarists are invited to join this vibrant ensemble to experience performing with others and collaborate with other musical groups in the school. Members will have the chance explore a diverse repertoire and showcase their talents in school concerts and events. Open to all students via auditions.

Drama, Theatre and Dance



Junior Drama

Junior Drama club meets once a week and is open to all students in years 1 – 3.

The drama club is a creative place where students can bring stories to life and explore theatre making both on stage and behind the scenes. Students have the chance to experience the excitement and rewards of theatre arts, working on their skills, inspiring each other, exchanging ideas, gaining the confidence to express themselves in a safe, supportive environment. Drama club offers the opportunity to make long-lasting friendships and being a part of memorable performances!



Senior Drama

The English School Senior Drama Society offers students the opportunity to experience the Theatre Arts in a more advanced level. Members have the chance to develop valuable skills such as teamwork, leadership, production management, lighting and sound design and encouraging creativity. It is all about empowering students through self-expression, boosting academic growth whilst making memories and new friendships for life



Dance Club

Come and join to learn a variety of styles with a professional choreographer. This group will take part in musical performances. Open to all students according to level of experience.

Fine Art



Arts and Crafts Club

The Club provides a fun and engaging environment where students can explore their creativity, learn new techniques, and develop their artistic skills. By participating, students will gain confidence in their abilities, enjoy experimenting with different materials, and create wonderful artworks to be proud of. We encourage all Year 1, 2, and 3 students to join these lessons and embark on a joyful and imaginative artistic journey

External Exams Support Lessons GCSE Art and Design

These lessons are designed specifically to help Year 4 and 5 students excel in their GCSE Art and Design preparatory studies. These sessions provide dedicated time for them to develop their skills, receive personalized feedback, and explore new techniques under the guidance of their experienced art teachers, visiting specialists, and artists. By participating in these support lessons, students will have access to additional resources and support as they progress through their coursework, ensuring they can realize and refine their ideas. This support will provide an invaluable opportunity to enhance their artistic journey and create outstanding work throughout the year.

The written and spoken word is the cornerstone of our civilisation, honed by the great thinkers, writers and philosophers since ancient times. In our world, effective communication and the ability to express oneself is a vital skill. Debate is a valuable activity for students of all skill levels, it teaches useful skills for other academic pursuits and life more generally. Most obviously, debaters build confidence speaking in public and expressing their ideas eloquently. That comfort speaking in front of others is useful in so many areas of life, from interviews to school presentations and discussions.

Don't delay – pick up your pen (or laptop!) or take the floor, and remember: "Thoughts become words, words become actions, actions become habits, habits become character, character becomes destiny." (Lao Tze)

Speaking and Creative Writing for Juniors

Dynamic Speakers Club

The Dynamic Speakers Club aims to equip the students of year 2 & 3 with skills that help them build a strong foundation in the areas of Communication and Leadership. These skills are crucial for teenagers as they boost confidence, improve communication abilities, and enhance academic and career opportunities.

Through its interactive sessions, the club helps in developing confident speakers and presenters by working on 3 key aspects:

- Overcome nervousness when speaking before an audience.**
- Organize and present ideas logically and convincingly.**
- Offer advice to help others improve without criticizing them.**

At the end of the year, students will have the opportunity to deliver a speech or make a presentation on a topic of their choice in front of an audience at a speaking event.

The club acts as a strong foundation for mastering debating skills and will also empower the students to face real-life challenges like presenting ideas at Euromath or Junior Achievement or giving a speech during their senior years at Mock Trials, EYP and MUN. The communication techniques taught at the club will help them build a skill set that will come handy beyond their school years like handling interviews and pitching ideas in university and beyond.

Greek Debate Club

At the Greek Debate Club we accept enthusiastic lower school students who would like to voice their opinion on controversial and contentious issues, as well as to improve their debating skills and learn more about the art of speech. Raising awareness on several crucial national and international matters can be an important aspect of pupils' development, as it helps them expand their knowledge and their capacity to apply their critical thinking skills on a wide array of subjects. In this way a student is encouraged to think broadly, which is a defining characteristic of a global citizen.



Greek Creative Writing

Creative writing can technically be considered any original composition of any type of writing which serves primarily the need for keeping records of significant experience, the need for sharing experience with an interested group, and the need for free individual expression which contributes to mental and physical health. The aim of the Creative Writing Club is to allow the students to express their emotions and to help them to strengthen their skills and writing techniques. Creative writing is usually taught in a workshop and students submit original work for peer critique. Students also format a writing method through the process of writing and re-writing and they are given the opportunity to come in contact with the work of distinguished writers through a more creative way. This year's aim is to participate in competitions, to attend workshops by experts, to meet with authors and to celebrate the international day of poetry in March.

The Creative Writing Club started 10 years ago and it runs its own blog spot "Grafouccino." which you can follow at: <http://grafouccino.blogspot.com>.



MFL for years 3- 7

Spanish Club

Join our Spanish club for the official Spanish language exams of the Instituto Cervantes, tailored for students already studying Spanish at school, from Year 3 to Year 7. Led by a DELE qualified examiner, we prepare for DELE oral exams from A1 to C2 levels. Thursdays, after school. Enhance oral skills and writing tasks with DELE books and teacher-provided resources.



German Club

Join the German Club, designed for Year 3 to Year 7 students already studying German! We offer specialized preparation for the Goethe-Institut exams, from A1 to C2 levels. Our sessions focus on enhancing speaking and writing skills using official materials. Meet with us every Monday after school to improve your German and prepare for certification. Let's excel and take your German to the next level together!



Debate, Public Speaking and Creative Writing for Upper School

Senior English Debate Society

The Senior Debating Society at the English School has over the last 25 years or so made huge strides in promoting public speaking as a serious discipline both at the School and in Cyprus. We have taken part in the International Independent Schools Public Speaking Tournament since 1991 with great success. More recently, we participated in the High School Mock Trial Competition in Cyprus where our team won 1st place, with one of our students earning the 'Best Lawyer' award and an invitation to intern at one of the law firms sponsoring the event. At the Senior Debate Club, our students debate about current issues in front of a live audience, demonstrating their public speaking and teamwork skills through their persuasive speeches and debates with their opponents. Students can improve their critical thinking by challenging their opponents and objecting to their arguments. Members of Senior Debate club also have the opportunity to develop their impromptu speaking skills by planning and delivering speeches on a more independent level, which they particularly enjoy.

Year 6 & 7 Literature & Creative Writing Club

This is one of our newer clubs for our older students who are interested in enthusing together about Literature in English, and creating pieces of writing out of our discussions and activities. We explore themes that are often linked to the writing competitions and the school's magazine. We share and discuss our favourite authors, books and poems, and we often link our literary interests to the arts and media for more interconnected outcomes. We hold stimulating creative writing sessions and nourish a safe space for our trials and errors in such endeavours. Our aim for the year ahead is to share our discussions with the rest of our community in podcasts, and to support our team members to enter their creative writing pieces in more competitions and publications.

School Magazine and Journalism Club

Do you get excited by fonts? Are you a stickler for proofreading? Do you love to work in a team, and thrive on deadlines?

Join this hub of creative minds and be part of the student editorial team for the school magazine.

Model United Nations

Thimun – MUN

The Hague Model United Nations is a club which has been running for a number of years and which has achieved a great deal of popularity among students from years 5-7. The MUN is a simulation of the real United Nations where every school is assigned a country to represent. Members of the school's delegation act as delegates of that country through lobbying, writing resolutions, learning about the United Nations and becoming well-versed in parliamentary procedure. After extensive preparation students attend THIMUN a one-week conference which is held in The Hague, The Netherlands during the last week in January every year. Students are selected after an interview process, as the programme has become highly competitive, meetings are held every Thursday between 1.45pm – 3.00pm and attendance is mandatory.

Medimun

As a conference accredited by THIMUN Foundation, the Mediterranean Model United Nations (MEDIMUN) holds a venerable status, duly recognized by the governing institution that endorses Model United Nations conferences globally. MEDIMUN was established in the year 2006 under the auspices of The English School and has since served as an educational platform of considerable repute. It enables young scholars to deepen their understanding not merely of specific nation-states, but also of the

intricate operations of the United Nations through immersive, experiential learning. Further amplifying its significance, MEDIMUN enjoys the distinction of being the most expansive and longest-running Model United Nations conference in Cyprus. Administered under the aegis of a non-profit organizational structure, the conference is orchestrated by a dedicated cadre of both student and educator volunteers. These individuals altruistically invest their time and intellectual resources to guarantee the event's continued success and scholarly impact.

MEDIMUN is a debating activity where students take on the role of diplomats from a country. They prepare resolutions on topics of current interest for the annual conference in February. At the conference, students are welcomed from across Cyprus and abroad and it is run by students of The English School. Weekly meetings are held to train students for their roles as delegates or organisers. Students are selected through competitive interview. This year, delegates will be from Years 4-7.

Students of all ages learn more science-content and skills when they engage in investigation and discovery using everyday materials and the basic equipment of science. Introducing students to the fun of science through hands-on interactive experiments, adventures, and inquiry. Some Science ECA like Radio Club cross over into STEM, while others focus on GCSE and A level enrichment. The sky's the limit with our unique and exciting Astronomy Club!

The English School Astronomy Club

Open to all year groups, this club provides interesting activities and education in astronomy and related space sciences. We hold weekly meetings to plan events such as observation sessions, lectures, visits to scientific establishments, trips to dark sites and whole school events. We also discuss the universe, learn about telescopes, and enter competitions in conjunction with the Science Competitions club. Our members can also compete in international competitions, run by ESA and NASA. We also give presentations on various astronomical phenomena and space programs to the wider community.

There is something for everyone at the Astronomy Club and everyone is welcome.



BioBolt Year 5 (Monday) and Year 6 (Thursday)

BioBolt provides our year 5 and 6 biology students with the opportunity to practice and refine their skills outside of regular classroom hours through regular support and practice sessions with a focus on past paper questions. Students will be guided by our experienced teachers and will be provided with valuable insights into exam techniques. By working through additional past papers and practice questions, students will gain familiarity with the exam format and reinforce their understanding of key concepts.

ESBS (Biological Society)

The English School Biological Society encourages inquisitive learners who are passionate about biology through a blend of academic enrichment, practical experiences, and competitive opportunities. Competitions include the intermediate biology Olympiad, genius genetics competition and DNA-day essay competitions. Students in year 6 who are selected to complete an EPQ will be an integral part of the society.

Science Competitions Club

This club is dedicated to those students who enjoy investigating scientific concepts above and beyond the science syllabus. The aim is to use club time to plan, create and carry out experiments that will be presented to the public in national competitions. If you are looking for an opportunity to shine in science, come and try this club.

Medicine Club

The Medicine Club is a student lead club open to Year 5,6 and 7 students. It will consist of student-prepared presentations, guest speakers and discussions based on the application process for medicine in the UK and EU. Presentations will cover topics such as medical specialties: radiology, pulmonology, neurology, paediatrics, etc., research on medical advancements as well as the ethical concepts of medicine to include the four pillars of medical ethic: stem cell, euthanasia, mRNA technology controversy and clinical ethics. Similarly, invitations will be extended to doctors to speak to us about their specialty as well as their journey in medicine, some of which can be English School alumni. Students will have the opportunity to ask questions and discuss with guest speakers.

The club will also act as a guide for younger students who are interested in medicine. Through the club they will discover and enhance their passion for medicine, while gaining valuable information and knowledge that will assist them in writing their personal statement and completing medical school interviews. Since interviews are particularly important in medical school applications, practicing interview questions and covering topics that commonly come up in interviews will act as preparation for students.

Furthermore, younger students will be introduced to UCAT as it has become a vital aspect of medical school applications in both the UK and Greece. Year 7 students will guide younger students by providing tips and help on the admission test as well as help them effectively plan work experience which is a requirement from medical schools.

Economics Olympiad

The Economics Olympiad was first introduced on the 3rd of March 2019 by the “Pancyprian Association of Economics Teachers” and is funded by Deloitte. It is running parallel to the Accounting Olympiad, attracting a lot of attention and being warmly embraced by all schools, teachers and students around Cyprus. Last year’s 2nd Economics Pancyprian Olympiad took place on the 8th of March, with two of our students being rewarded with the Silver Award. The aim of the club is to deepen the economic and financial literacy of high school students (A-level students), by preparing them to compete with other students on a similar educational level. The opportunity to compete against peers at a national level goes beyond being simply a support lesson and builds confidence and character.



Economics Society

The Economics Society Committee, which is elected annually, aims at informing the members of the Society, as well as the members of the School Committee about a variety of topics and issues related to the field of Economics, for example how markets work, factors affecting the behaviour and decision making of economic agents as well as the importance of policymaking for the operation of economies. Last school year, a number of events were organised by our Society, including collection of non-perishable food items to help the Caritas Charity Cyprus, and the Annual lecture sponsored by Hellas Direct, with guest speakers the ex-Finance Minister Mr Harris Georgiades and Mr Michalis Antoniou Product Manager of Hellas Direct, both graduates of The English School.

Volunteering and offering to others and society, but also trying to understand the fundamental ways through which economics shapes our lives will always be central to the aims and activities of the Economics Society, one of the most interesting and active societies our school offers to its students.

Chess Club

Chess Club is a place for students to play casually against one another. Chess club takes place bi-weekly on Thursdays and is open to Y4-7 students

Radio Club

The English School Radio Club is an amateur radio club. This involves On-Air communication with people all over the world as well as contests and awards. Many physics and electronic projects are also done by the students, such as building antennas and transceivers. The Radio Club serves as a meeting place for its members all through the year. It is a trademark of the school and forms part of the school’s glorious history!



Photos by Andreas Kyriakides, 3Y, Astronomy Club



EYP, EPAS, MEP

Our peer-to-peer educational programme inspires and empowers young people from our school and across Europe to become open-minded, tolerant, and active citizens. We provide participants with a forum to develop and express their opinions on a wide range of topics. By bringing together young people from diverse backgrounds, we foster intercultural understanding and friendships across borders.

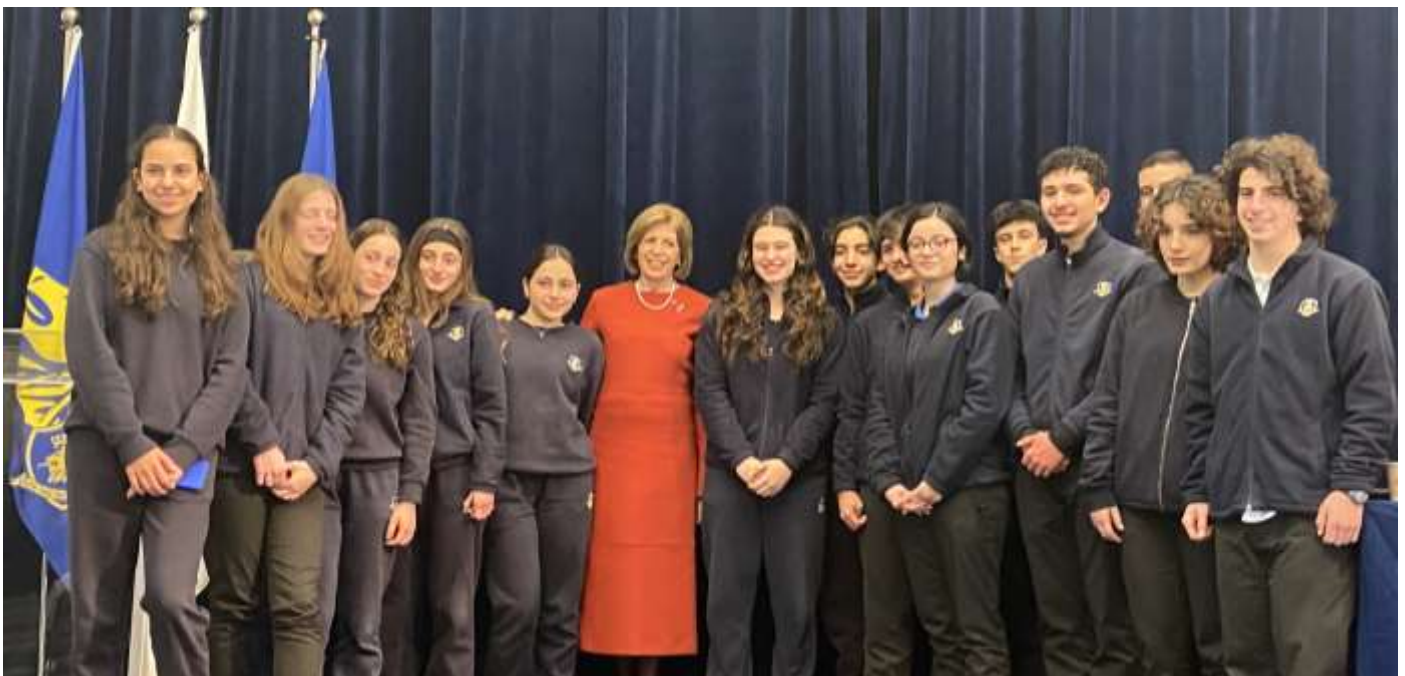
Participants and volunteers in the European Youth Parliament (EYP), European Parliament Ambassador School (EPAS), and Model European Parliament (MEP) are equipped with the knowledge and skills needed to positively shape the world around them. Thousands of young people are actively involved as volunteers all over Europe, making EYP, EPAS, and MEP genuinely youth-driven programmes – run by young people, for young people.



Erasmus+

The values of Erasmus are: unity in diversity, diversity in unity, students helping students, fun in friendship and respect, the international dimension of life, love for Europe as an area of peace and cultural exchange, openness with tolerance and cooperation in integration.

During weekly meetings, Year 2 students from The English School will collaborate with students from our 5 partner schools (Germany, Portugal, Poland, Italy, Finland) to explore the topic 'Food for Thought'. The project will involve various activities at the school as well as in the different partner countries. Students are encouraged to embrace the values of Erasmus and should be interested in travelling to other countries, be willing to be hosted by local families and to host in return.



Being involved in these ECA provide students with an opportunity to apply what they have learned, or employ skills that they may not easily get the chance to use in class. Leadership skills, collaboration, tackling a global issues, or experiencing the challenges of ethical choices are among the character developing outcomes within these activities. They should find things that are rewarding to them, and make their lives more interesting.

In addition to this, many Universities look for the *"well rounded student."* The learning outcomes in this program just happen to be the exact same thing universities would like to see in an applicant.

Students! You will realise that what you remember, and enjoyed the most from School was what you did outside of class. Service learning happens just outside your comfort zone, and with every experience, that zone grows larger.

Chain of Change Charity

CoC

Students who are Chain of Change Charity reps want to make a lasting, positive impact on the lives of others. By teaming up, you'll join a network of student activists ready to mobilise to take action for causes in our community and around the world.

Through flexible meeting times and a unique program, our school charity club will host fundraisers, raise awareness and learn about issues affecting children in Cyprus and around the world, educate your peers, and so much more! Students drive their own participation, so you can engage according to your interests. We provide all the support, training and resources you'll need to be successful.

To get involved, see your charity leader and stand for election as your class CoC rep at the beginning of the year.

Each form elects one CoC rep, but there is room for anyone to get involved in any project.

See CoC Leaders: KAL (LS) ION (MS) SAC (US) for more details.



ECO Warriors for ECO Schools



ECO Schools is open to students of all years.

If you're passionate about environmental issues, stand for ECO Warrior in your form. Get involved and together we can make our school a greener place!

Eco-Schools is a fundamental initiative which encourages young people to engage in their environment by allowing them the opportunity to actively protect it. It starts in the classroom where it expands to the school and eventually the community at large.

Through this programme, young people experience a sense of achievement at being able to have a say in the environmental management policies of our school, steering them towards certification and the prestige of the Green Flag award following a three-year Action Plan.

It combines learning with hands-on experiences, the whole programme is run according to an all-inclusive, participatory approach involving students, teachers and the local community at large.

Eco-Schools challenges students to engage in tackling environmental problems at a level where they can see tangible results, spurring them to realise that they really can make a difference.

Projects and actions are discussed and run by an environmental committee including both students and teachers.

The CAS Project – Not all classrooms have 4 walls

What is the CAS Project?

CAS stands for Creativity, Activity and Service, and the CAS Project aims to make a genuine, sustainable impact through transformative cross-cultural experiences.

We recognise our responsibility as educators and seek to harness the power of experiential learning to inspire students while bringing long-term benefits to the communities and environments in which we operate.

How is this project CAS?

- **Creativity** is interpreted broadly to include a wide range of arts activities as well as the creativity students demonstrate in designing and implementing service projects.
- **Action** can include not only participation in individual and team sports but also taking part in expeditions and in local or international projects.
- **Service** encompasses a host of community and social service activities. Some examples include helping children with special needs, visiting hospitals and working with refugees or homeless people.

The CAS Project – A Year-long, life-changing experience for Year 6 students

Timeline:

September - October (PSHCE) : initial presentations and selection process

November - December (ECA) : fund raising & planning

January - May (ECA) : preparing (physically, mentally) & final project set-up

June: travel on the CAS trip

August-September: reflect on experiences and present to next year's year 6



CAS Trip to Peru - Sample itinerary:

Creativity

Cooking a traditional Peruvian meal with your host family

Learn about the importance of ethical travel & over tourism

Witness the spellbinding work of a traditional village Shaman

Activity

Harvesting Crops

Exploring Machu Picchu

Sail Down the Amazon River

Amazon Jungle Eco Walk & Waterfall Swim

Service

Helping rebuild damaged housing with traditional Adobe clay bricks

Visiting an animal rescue centre

Organic farming in your Andean homestay

Sports ECA for everyone, from elite athletes to recreational games

The Physical Education Department is committed to providing a range of extra curricular activities for all year groups. In addition to our morning PE lessons where skill and fitness development takes place, we offer Afternoon Games where participation is structured by House. This is a part of the curriculum for students in Years 1-3 and numerous competitive and recreational sporting opportunities are on offer.

In terms of ECA provision, the PE Department provides options for our top athletes in terms of School Teams, which train regularly and participate in competitions against other schools or clubs. We also provide a wide range of Sports Clubs, where participation is open to students who want to train and improve in a sporting activity.

We aim to challenge and develop our top athletes through high level competition, but we also try to provide opportunities to every student to take up a sport in order to stay healthy and have fun!



U15 Girls Football Team



Senior Boys Basketball Team

The sporting ECA timetable provides a summary of both the School Teams as well as the Sports Clubs opportunities that are available to our students for 2024-2025:

[provide link here](#)

Science, Technology, Engineering and Maths-innovation, problem-solving, and critical thinking

F1 in Schools

F1 in Schools is an international STEM (science, technology, engineering, mathematics) competition for school children (years 3-7), in which groups of 3–6 students have to design and manufacture a miniature car out of the official F1 Model Block using CAD/CAM design tools. The cars are powered by CO2 cartridges and are attached to a track by a nylon wire. They are timed from the moment they are launched to when they pass the finish line by a laser beam which measures the speed up to 1000th of a second. The cars have to follow extensive regulations, in a similar fashion as Formula 1 (e.g. the wheels of the car must be a set diameter and width with zero tolerance). The cars are raced on a 20m long track with two lanes, to allow two cars to be raced simultaneously. Software called F1 Virtual Wind Tunnel was designed specifically for the challenge. F1 Virtual Wind Tunnel or F1 VWT uses computational fluid dynamics (CFD) to simulate air resistance on the “cars” made in the CAD. The competition is currently operational in over 42 countries and was first introduced in the UK in 1999. The competition’s aim is to introduce younger people to engineering in a more fun environment. The competition is held annually, with National Finals usually in March- June of each year. The overall winners of the National Finals are invited to compete at the World Finals, which are held at a different location each year, usually held in conjunction with a Formula One Grand Prix.



FTC

The FIRST Tech Challenge (FTC) is a robotics competition for students in years 3-7 to compete head-to-head, by designing, building, and programming a robot to compete in an alliance format against other teams. It involves the robot performing certain challenges within a set time limit.

D&T Club

D&T Club gives the opportunity for students to explore, analyse, design and create using a variety of methods and techniques through mini activities and projects.

Robotics Club

The aim of the English School Robotics Club is to provide a safe, productive learning environment to students in 1st-7th form. Throughout the year students will learn about the fundamental principles of building and programming a robot all while working together to overcome challenges. The club will also encourage, train and support students wishing to attend Pancyprian or International competitions.

The Cyber Security club

The club was run by a Year 5 student, Evangelos Lioudakis, and was supervised by a teacher. The Cyber Security club's aim was to provide workshops and training sessions throughout the year. These sessions were designed to teach students the basics of cyber security, as well as more advanced topics such as reverse engineering and web application security. Members of the club enjoyed solving puzzles and challenges related to the different concepts being taught each time. These challenges ranged from binary exploitation to cryptography and coding.



F1 Finals in Singapore, 2023

Mathletes Club Year 1 Mathletes Club Year 2 Mathletes Club Year 3 and 4

As an integral part of our enrichment program, the Mathlete Club offers an exceptional opportunity for our students to extend their mathematical horizons beyond the boundaries of the school curriculum. Through this club, we provide additional support and targeted practice that empowers our students to excel in math competitions.

Event: Math Olympiad -April Math District Competition - November

Member of staff: AND

Ritangle and Data Science Club Years 6 - 7

Ritangle is a free maths competition aimed at teams of sixth form/college students running over approximately 10 weeks in the Autumn term. It's made up of around 24 'first round' questions, released daily on weekdays, which unlock information necessary to solve the final multi-part question. The problems are released throughout October and daily during most of November and the start of December.

The Data Science Exam evaluates students' expertise in data analysis, statistical modeling, machine learning, and data visualization. It encompasses practical problem-solving using programming languages like Python or R, emphasizing a comprehensive understanding of statistical concepts and data manipulation techniques. By successfully completing the course and its assessments, students are honoured with an MEI certificate.

Event: Ritangle competition, Data Science Exam

UCAT Club Year 6

Y6 students are prepared for the UCAT examination. The UCAT (University Clinical Aptitude Test) is a standardised computer-based assessment designed to assess students' ability to interpret numerical and written information presented in various formats. All UCAT sections are related to important qualities for medical professionals. The test is used to compare and rank applicants across the UK, as well as international applicants.

Member of staff: CKI-GZA

Maths Relay Club Years 1 - 3

The Math Relay Club prepares students for the Cyprus Math Relay Competition. This is a thrilling and dynamic mathematical event that fosters teamwork and strategic thinking. Participants form teams and work collaboratively to solve a series of math problems in a relay format. This competition emphasizes quick thinking, effective communication, and the ability to solve problems under time pressure.

Event: Math Relay Competition - January

Member of staff: PAK / PGE

Euromath Conference Club Years 3 - 4

Euromath conference offers an exciting opportunity for students passionate about mathematics to engage with like-minded peers from across Europe. It provides a platform for learning and exploring various mathematical topics through workshops, presentations, and interactive sessions. Attending Euromath allows students to broaden their mathematical horizons, deepen their understanding, and foster connections with fellow math enthusiasts.

Event: Euromath Conference/March

Member of staff: APG-MVY-AZI



Boosting Year 1 Numerical Ninjas

Offers extra help and guidance to Year 1 students, ensuring a strong foundation in mathematics through interactive activities, games, teamwork and personalized assistance.

Member of staff: CRI

Levelling Up Year 2 Number Warriors

Offers extra help and guidance to Year 2 students, ensuring a strong foundation in mathematics through interactive activities, games, teamwork and personalized assistance.

Member of staff: MGA

Empowering Year 3 Math Mavericks

Offers extra help and guidance to Year 3 students, ensuring a strong foundation in mathematics through interactive activities, games, teamwork and personalized assistance.

Member of staff: BBO

Year 4 Maths IGCSE Past Paper Practice Club

A focused program offering practice and preparation for IGCSE Mathematics exams, tailored for Year 4 students.

Member of staff: ALS

Years 5 and 6 Maths P1 Past Paper Practice Club

A focused program offering practice and preparation for the P1 IAL Mathematics exam, tailored for Years 5 and 6 students.

Member of staff: CSI

Years 6 and 7 Maths Past Paper Practice Club

A focused program offering practice and preparation for IAL Mathematics exams, tailored for Years 6 and 7 students.

Member of staff: MHA

Extra after-school commitments for the Maths Department

Admissions Tests Courses: AND, Y5 Enrichment Program: AND , AQA lessons: SNE, Y7 4th A-Level lessons S3: CKI
Y7 4th A-Level lessons M3: BBO



The Duke of Edinburgh's International Award

DofE Creativity, Action and Service all in one

The Award is a personal development programme that presents challenges to young people in four main areas: Physical Recreation, Skills, Voluntary Service and Adventurous Journeys (and Residential Project only for the Gold Award). Participants work towards reaching the required standards in the above areas in order to achieve the Bronze, Silver and Gold Awards. Participants are supported by the school throughout the year so that they progress with their activities. In the process, they benefit by getting to know themselves better through developing their responsibility, initiative, self-organisation and teamwork. They can enjoy themselves whilst their experiences help shape their personalities. The Award can play a critical role in their personal development outside the classroom.

Proud to deliver

THE DUKE OF EDINBURGH'S
INTERNATIONAL AWARD



<https://englishschool.ac.cy/dofe-international-award>

Open to students from year 3

Junior Achievement

JA world's largest non-profit organisation dedicated to educating students on entrepreneurship, work readiness and financial literacy skills through experiential, hands-on programmes.

Junior Achievement is a global, non-profit organisation (Junior Achievement Worldwide) specialising in youth entrepreneurship education programmes. The programme is equipped to provide students aged 15-18 with entrepreneurial, financial literacy and work readiness skills that would enable them to pursue successfully their future in the business market.

The teams compete in the ES Internal Competition; The Junior Achievement Cyprus National Competition and the winning team represents Cyprus in the World Competition.

Open to students in years 4 - 7



Member of JA Worldwide

First Aid - The Cyprus St John Association and Brigade

First Aid Classes are offered at different levels to all students at school by the St John's Association. This is a paid-by-students service, and it includes an exam and certification.

Open to all students

